

2022 TERSSA/NCCEAPA
State and National Conference

Sun, Sand & Solutions

for the Mind, Body and Soul

SEPTEMBER 20th

THROUGH

SEPTEMBER 23rd

Kitty Hawk, North Carolina

*During your stay
may the waves hit
your feet and
the sand be your seat.*

CASUAL DRESS ATTIRE
RECOMMENDED



PLEASE **BRING AND WEAR**
YOUR **NAME TAG**



Hosted by
North Carolina Cooperative Extension
Administrative Professionals Association
Northeast District

Welcome to the 2022 TERSSA/NCCEAPA State and National Conference

TUESDAY, SEPTEMBER 20th

3:00 PM – 6:00 PM

Conference Registration

3:30 PM – 5:30 PM

NCCEAPA Executive Board

Meeting Board Room

6:00 PM – 8:00 PM

TERSSA Executive Board Meeting

Board Room

Dinner On your own

6:00 PM – 9:00 PM

Meet and Greet Hospitality Pier House

WEDNESDAY, SEPTEMBER 21st

Breakfast On your own

8:00 AM – 9:00 AM

Meditation On the Beach

Keli Boone, 4-H Agent, Gates County

Vicki Wiggins, 4-H Agent Hertford County

Learn meditation and breathing to help improve your well-being.

8:30 AM – 10:00 AM

TERSSA Business Meeting Pier House

10:30 AM - 12:30 PM

NCCEAPA Board of Directors Meeting

Wright Ballroom

9:00 AM – 12:00 PM

Conference Registration

10:00 AM – 12:00 PM

Sanctuary Vineyards

This family still honors the farming tradition established hundreds of years ago, Sanctuary Vineyards is the product of centuries of farming experience and a dedication to a dream - producing world-class wines.

12:30 PM – 1:30 PM

Lunch Provided Pier House

WEDNESDAY, SEPTEMBER 21st

1:30 PM – 4:00 PM Wright Ballroom

Take Time For Yourself - Anna Coker,

Northeastern Professional Life Coach

Experience a personality test based on the Enneagram personality theory.

1:30 PM – 4:00 PM Wright Ballroom

Gardening With Grace - Grace Atkins,,

Pasquotank Agriculture Extension Agent

Put together a succulent garden and learn the value of plants.

1:30 PM – 4:00 PM Wright Ballroom

Med Instead of Meds – Helen Eure,

Gates County Extension Director

Explore 7 simple steps to eating the MED way everyday by making easy changes to the foods you eat.

Dinner On your own

7:30 PM – 9:30 PM

Special Networking Event

Dive In Movie Poolside (weather permitting)

THURSDAY, SEPTEMBER 22nd

7:00 AM – 8:30 AM

Breakfast Provided Wright Ballroom

8:00 AM – 9:00 AM

Meditation On the Beach

Keli Boone, 4-H Agent, Gates County

Vicki Wiggins, 4-H Agent Hertford County

Learn meditation and breathing to help improve your well-being.

9:00 AM – 10:30 AM

Team Building on the Beach

Keli Boone, 4-H Agent, Gates County

Vicki Wiggins, 4-H Agent Hertford County

Mason Lawrence, 4-H Agent Pasquotank County

Discover how to problem solve and improve ability to rationalize and think strategically.

THURSDAY, SEPTEMBER 22nd

9:00 AM – 11:30 AM

Jockey's Ridge Tour - Joy Greenwood,

Park Superintendent

Experience and learn about the natural, cultural and historical history of Jockey's Ridge State Park. It's a 427-acre area that includes the tallest active sand dune system in the eastern United States.

12:00 PM – 5:00 PM

Agri-Pride Simulator – Paul Smith,

Gates Agricultural Agent, Ag Expo member

Step into the cab of a combine, have a seat at the controls and harvest one of NC crops.

12:00 PM – 2:00 PM

Awards Luncheon Jennette's Pier

TERSSA and NCCEAPA

2:00 PM – 4:00 PM

Jennette's Pier - Jennette's Pier Staff

Come face to face with native fish species while peering into large aquariums and learn about this first state-funded, LEED certified, operated pier in NC

5:30 PM – 10:00 PM

Dinner Provided followed by

Entertainment and Networking

FRIDAY, SEPTEMBER 23rd

7:00 AM – 8:30 AM

Breakfast Provided

8:30 AM – 10:00 AM

Hotel Checkout - Safe Travels!

NCCEAPA ONLY Pier House

9:00 AM – 10:00 AM

Welcome and Administrative Updates

10:00 AM – 12:00 PM

Business Meeting